

Cathy Lange



Summary of Qualifications

Cathy Lange has over 30 years experience in business, as a leader with multi-level management experience, and as consultant and executive coach, in working with executives and senior leaders on leadership and management development. Her work has been in several key areas including leadership excellence, interpersonal skill development, emotional intelligence, management, communications, difficult conversations and conflict, high level networking and business development, and organizational awareness. Prior to founding her consulting practice, she spent over 20 years in management and leadership positions in the technology industry. Cathy managed a variety of industry, application and regionally and nationally based sales, marketing, consulting and systems integration groups. In addition, she was responsible for human resource management and customer relations.

Education

B.A. Political Science, Georgetown University, Washington, D.C.
Graduate: Corporate Coach University, Boulder Colorado
Completed: Two year Gestalt psychotherapy program, Washington Center for Consciousness Studies, Washington D.C.; DISC Training, TTI International, AZ
Certified: MBTI, Otto Kroeger Associates, Fairfax Virginia

Professional Experience

President/Founder 1995 – Present	BusinessWorks of America	Falls Church, VA
National Industry Practice Manager 1977-1995	Digital Equipment Corporation	Landover, MD
Account Manager 1974-1977	Burroughs Corporation (Unisys)	Washington, DC

Professional Memberships

Board member/Executive Committee member, Fairfax County Chamber of Commerce
Founding member/Former Board member, Washington DC Tech Council
Leader, Women's Business Council
Advisory Board, Fairfax Futures
Member, Potomac Officers Club
Member, International Coach Federation

Publications and Presentations

Numerous presentations to business, industry, government, and not-for-profit organizations

Community Activities

Co-Chair, Business Industry Advisory Board for Fairfax County Public Schools
President, Angels Network, a charity focused on women helping others
Board member of the Northern Virginia Community Foundation